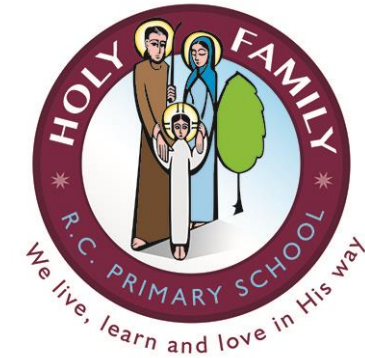


Holy Family RC Primary School

RHE Curriculum



Objectives have been linked with topics where possible, however some will be taught discreetly.

A focus through all areas covered will be developing vocabulary, emotional literacy and social and communication skills linked to our curriculum intent.

In the Summer Term 2 there will be a whole school safety week.

Years 1 and 2 – will have an annual project to improve our school

Year 3 – will grow vegetables to give to the community, linked with their first topic in Autumn.

Year 4 – will work with a local charity to provide Easter parcels for families.

Year 5 – will work to raise money for a charity in South America/Africa linked to their topics.

Pupils will have a Relationship, Health Education exercise book to record their learning in. The aim is for this to be the pupils own personal learning journal.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p>The tiger who came to tea/ Bog Baby We are all unique individuals. We all have individual gifts, talents and abilities. We are part of God’s family All families are important.</p>	<p>Can’t you sleep little bear? / Lost and Found. That we all have different likes and dislikes A language to describe feelings Who to go to if they need help or are worried</p>	<p>Nurse Clementine The names of external parts of the body The similarities and differences between girls and boys How to maintain personal hygiene What constitutes a healthy lifestyle including physical activity, dental health and healthy eating</p>	<p>Aliens love underpants/ Beegu A basic understanding that feelings and actions are two different things Simple strategies for managing feelings and behaviour That choices have consequences.</p>	<p>Look! Flowers The Tiny Seed That there are life stages from birth to death. We are made by God and are special We are all children of God About the sacrament of Baptism.</p>	<p>Dogger / Toys in Space To recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online To use simple rules for resisting pressure when they feel unsafe or uncomfortable The difference between good and bad secrets Identifying and correctly name their “private parts” (see NSPCC resource PANTS) for the purposes of safeguarding them from sexual exploitation Importance of seeking and giving permission in relationships. That there are a number of different people who can help me. (Covered during a SAFETY WEEK)</p>
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2

Year 2	<p>The Gruffalo / The Snail and the Whale Friendly, able to make and keep friends Caring, attentive to the needs of others and generous in their responses Respectful of others, their uniqueness, their wants and their needs Honest, able to tell the difference between truth and lies.</p>	<p>Vlad and the Great Fire of London How diseases spread and can be controlled and the responsibility they have for their own health and that of others eg washing hands. Respectful of their own bodies and character Appreciative for blessings</p> <p>That God is Father, Son and Holy Spirit Some Scripture illustrating the importance of living in a community Jesus' teaching on who is my neighbour.</p>	<p>Christopher Columbus Sailing to America Just and fair in their treatment of other people, locally, nationally and globally People who serve others, locally, nationally and globally Active in their commitment to bring about change</p> <p>Grateful to others and to God Patient when they do not always get what they want.</p>	<p>Jack and the Beanstalk Trust Me, Jack's Beanstalk Stinks Just and fair in their treatment of other people, locally, nationally and globally People who serve others, locally, nationally and globally Active in their commitment to bring about change</p> <p>The characteristics of positive and negative relationships Forgiving, able to say sorry and not hold grudges against those who have hurt them That saying sorry is important and can help mend broken friendships To recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online</p>	<p>Lila and the Secret of Rain / Bringing Rain to the Kipati Plain Jesus cared for others That we should love other people in the same way Jesus loves us Ways of expressing gratitude to God Courteous, learning to say please and thank you. To identify special people (e.g. family, carers, friends) and what makes them special There are different family structures and these should be respected Families should be a place of love, security and stability. The importance of spending time with your family</p>	<p>Light House Keeper's Lunch That they belong to various communities such as home, school, parish, the wider local community and the global community That their behaviour has an impact on the communities to which they belong That people and other living things have needs and that they have responsibilities to meet them; About what harms and improves the world in which they live</p>
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2

Year 3	<p>The Flower Forgiving, developing the skills to allow reconciliation in relationships The importance of forgiveness and reconciliation in relationships and some of Jesus' teachings on forgiveness Sacraments to coincide with the different natural stages in life. Self-giving, able to put aside their own wants in order to serve others locally (grow veg for the community in the poly tunnel)</p>	<p>The Owl who is afraid of the Dark / Orion and the Dark Everyone expresses their uniqueness in different ways and that being different is not always easy Respectful, able to identify other people's personal space and respect ways in which they are different That the similarities and differences between people arise from several different factors (See protected characteristics)</p>	<p>Stone Age Boy Christians belong to the church family which includes the school, parish and diocese. Families are the building blocks of society and where faith and virtues are passed onto the next generation.</p>	<p>Greek Myths God is the Trinity – a communion of persons The Key principles of Catholic Social Teaching The Church is the Body of Christ</p>	<p>Iron Man The sacrament of marriage involves commitment and self-giving, it is a formal, lifelong commitment. Marriage represents a formal and legally recognised commitment For the Church, marriage has a special significance as one of the sacraments</p>	<p>A Pebble in My Pocket The Firework Makers Daughter How to use technology safely That not all images, language and behaviour are appropriate To judge what kind of physical contact is acceptable or unacceptable and how to respond Importance of seeking and giving permission in relationships That there are a number of different people and organisations they can go to for help in different situations and how to contact them How to report and get help if they encounter inappropriate materials or messages To keep asking for help until they are heard (The above to be covered in a Safety Week)</p>
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2

Year 4	<p>The Promise Loyal and able to develop and sustain Friendships How to maintain positive relationships and strategies to use when relationships go wrong.</p>	<p>The Pied Piper of Hamelin Discerning in their decision making Determined and resilient in the face of difficulty Courageous in the face of new situations and in facing their fears</p>	<p>The Egyptian Cinderella/ Cinderella The characteristics of a healthy family life There are different relationships including those between acquaintances, friends, relatives and family. Courteous in their dealings with friends and strangers Honest, committed to living truthfully and with integrity.</p>	<p>Roman Invasion Compassionate, able to empathise with the suffering of others and the generosity to help others in trouble Self-giving, able to put aside their own wants in order to serve others locally, nationally and globally. (work for a local charity? Food bank/ Easter parcels?)</p>	<p>The Incredible Book Eating Boy Strategies to develop self-confidence and self-esteem Each person has a purpose in the world That similarities and differences between people arise from several different factors (See protected characteristics of the Equality Act 2010, Part 2, Chapter 1, sections 4-12)</p>	<p>The Story of the Titanic To recognise their increasing independence brings increased responsibility to keep themselves and others safe. About changes that can happen in life, e.g. loss, separation, divorce and bereavement and the emotions that can accompany these changes</p>
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2

<p>Year 5</p>	<p>Iggy Peck (Could you change the World?) We are special people made in the image and likeness of God We are children of God with an innate dignity God has created us for a purpose (vocation) Life is precious and their body is God’s gift to them Prayer and worship are ways of nourishing their relationship with God Strategies to develop self-confidence and self-esteem Each person has a purpose in the world That similarities and differences between people arise from several different factors (See protected characteristics of the Equality Act 2010, Part 2, Chapter 1, sections 4-12)</p>	<p>Mill Girl How to make informed choices that have an impact on their health That bacteria and viruses can affect health and that following simple routines and medical interventions can reduce their spread.</p>	<p>Anglo Saxon Boy What positively and negatively affects their physical, mental and emotional health (including the media) To recognise how images in the media do not always reflect reality and can affect how people feel about themselves</p>	<p>Journey to Jo’burg (Nelson Mandela) Their body will change and develop as they grow About the growth and development of humans and the changes experienced during puberty The names of the main parts of the body, including identifying and correctly naming genitalia (e.g. penis and vagina) Prophetic in their ability to identify injustice and speak out against it locally, nationally and globally</p>	<p>Darkest Dark Respectful of their own bodies, character and giftedness Appreciative for blessings Grateful to others and to God</p>	<p>The Man Who Walked Between the Towers The Great Kapok Tree. Self -Giving. Able to put aside their own wants in order to serve (Charity – possibly in Brazil Stephen Deakin’s son) <u>SAFETY WEEK:</u> To recognise their increasing independence brings increased responsibility to keep themselves and others safe How to use technology safely That not all images, language and behaviour are appropriate To judge what kind of physical contact is acceptable or unacceptable and how to respond Importance of seeking and giving permission in relationships That there are a number of different people and organisations they can go to for help in different situations and how to contact them How to report and get help if they encounter inappropriate materials or messages To keep asking for help until they are heard</p>
	<p>Autumn 1</p>	<p>Autumn 2</p>	<p>Spring 1</p>	<p>Spring 2</p>	<p>Summer 1</p>	<p>Summer 2</p>

<p>Year 6</p>	<p>The Corn Grows Ripe (Mayans)</p> <p>Their emotions may change as they approach and as they grow and move through puberty To extend their vocabulary to deepen their understanding of the range and intensity of their feelings What positively and negatively affects their physical, mental and emotional health (including the media) To recognise how images in the media do not always reflect reality and can affect how people feel about themselves</p>	<p>Goodnight Mr Tom</p> <p>Self-giving, able to put aside their own wants in order to serve others locally, nationally and globally Prophetic in their ability to identify injustice and speak out against it locally, nationally and globally</p>	<p>Beowulf (Vikings)</p> <p>How to make informed choices in relationships and that choices have positive, neutral and negative consequences An awareness of bullying (including cyber-bullying) and how to respond About harassment and exploitation in relationships, including physical, emotional and sexual abuse and how to respond To recognise and manage risk, to develop resilience and learn</p>	<p>Shadow (How do we see?)</p> <p>That there are some cultural practices which are against British law and universal rights and are crimes. Learn how to get support if they have fears for themselves or their peers</p> <p>About the range of national, regional, religious and ethnic identities in the United Kingdom and beyond and the importance of living in right relationship with one another</p>	<p>Pig Heart Boy</p> <p>How a baby grows and develops in its mother's womb To recognise the differences that occur at each stage of a human being's development (including childhood, adolescence, adulthood, older age)</p> <p>Fertility The nature and role of menstruation in the fertility cycle How human life is conceived in the womb, including the language of sperm and ova</p>	<p>Pig Heart Boy</p> <p>To recognise and manage risk, to develop resilience and learn how to cope with "dares" and other ways in which people can be pressurised</p> <p>That some behaviour is unacceptable, unhealthy or risky Strategies to build resilience in order to identify and resist unacceptable pressure from a variety of sources</p> <p>Self-disciplined and able to delay or forego gratification for the sake of greater goods</p>
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