

Holy Family RC Primary School

National Curriculum Requirements for Swimming and Water Safety



Swimming is the only sport to be included within the national curriculum physical education programme of study. All primary schools must provide swimming and water safety lessons in either Key Stage 1 or 2.

Each pupil is required to be able to do the following:

- Perform safe self-rescue in different water based situations
- Swim competently, confidently and proficiently over a distance of **at least** 25 metres
- Use a range of strokes effectively, for example, front crawl, backstroke and breaststroke.

What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.	55%
What percentage of your current Year 6 cohort use a range of strokes effectively (for example, front crawl, back stroke and breast stroke)?	0%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	100%