

Resource Sheet 1 - Proud and Boastful









Resource Sheet 2 – Mixed Feelings

I climbed on to the roof of the old shed as a dare.

I climbed the drainpipe to rescue my cat.

We wrote our own play for the class assembly.

I walked across a wire fence between two trees.

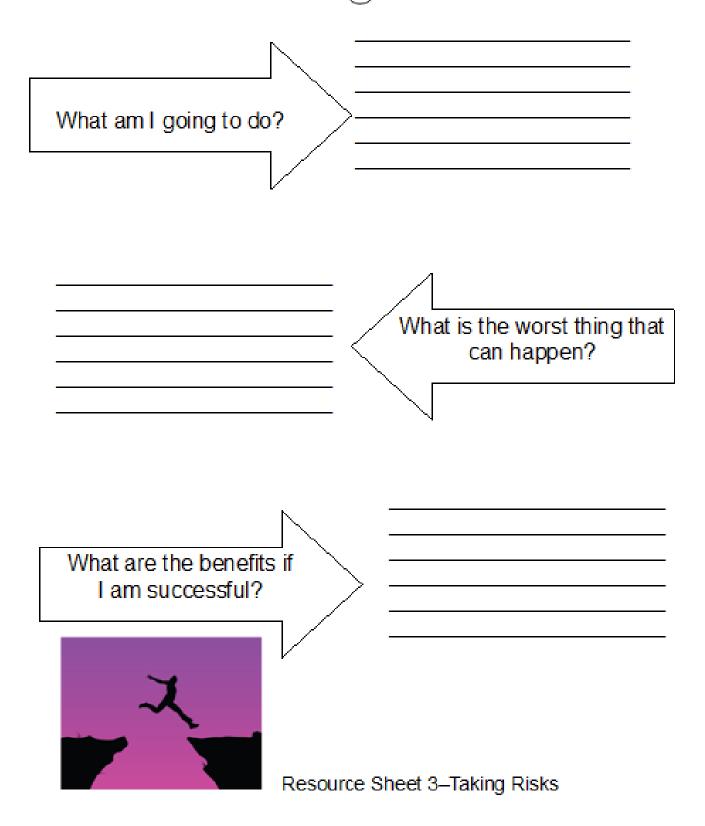
I went into my test without revising.

I wrote a poem instead of a story for my homework.

I told my teacher that I disagreed with her about what should go in my painting.

I chose a very complicated piece to play in assembly.

Taking Risks



Agreeing and Disagreeing

- Girls should not be allowed to wear make-up before they are 16.
- Mothers should stay at home and look after children.
- Boys and men should not cry.
- Children should have more homework.
- Children should be paid to come to school

l agree because	l disagree because

Resource Sheet 4-Agreeing and Disagreeing

What happens?	Explosion What are the consequences?
What do you do?	Signs of Anger what can you do?
What causes your anger?	Trigger What can you do?

Resource Sheet 5 –Understanding my feelings